

# PARA HILLS WEST PRIMARY SCHOOL

*Respect Integrity Belonging Achievement*

Term 1 Week 7

# WESTIES WORLD

## DATES to REMEMBER

### WEEK 8

Monday 16<sup>th</sup> March NAPLAN  
continued

Monday 16<sup>th</sup> – Friday 20<sup>th</sup>  
March  
Harmony Week

Thursday 19<sup>th</sup> March  
Sports Day

### WEEK 9

Tuesday 24<sup>th</sup> March  
Late Night Interviews

### WEEK 10

Friday 3<sup>rd</sup> April  
Easter - Good Friday

### WEEK 11

Monday 6<sup>th</sup> April  
Easter – Easter Monday

**Friday 10<sup>th</sup> April**  
**END OF TERM 1**  
**EARLY DISMISSAL 2 PM**

## SPORTS DAY NEWS

Actively creating the future  
Para Hills West  
Primary School  
Mentorship and Mainstream Learning

## PHWPS SPORTS DAY

**THURSDAY 19<sup>TH</sup>  
MARCH 2026**

Families and Caregivers are welcome to attend

Sausage sizzle and vegetarian burgers available to preorder

Coffee van on site for the day

Balkara Road, Para Hills West, South Australia  
Tel: 8258 2216  
Fax: 8281 5837  
Email: [dl.1045.info@schools.sa.edu.au](mailto:dl.1045.info@schools.sa.edu.au)



Government of South Australia  
Department for Education

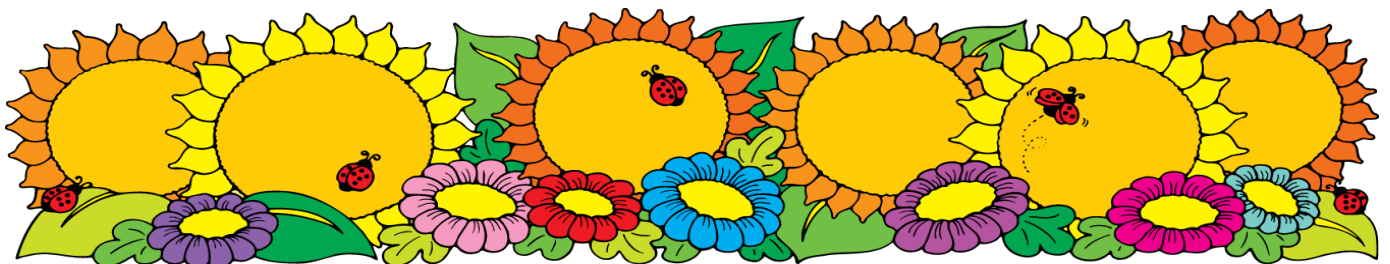
## AWARDS NEWS



Mariam	20	Respect
Reha	8	Respect
Cooper	10	Respect
Sukhreet	15	Respect
Awen	11	Respect
Ijaz	19	Integrity
Zenas	20	Belonging
Zoash	1A	Belonging
Marnia	2	Belonging
Aiden	4	Belonging



Saema	17	Achievement
Aboudy	17	Achievement
Bayan	23	Achievement
Oter Alnada	23	Achievement
Yunzhe	8	Achievement
Ethan	1A	Achievement
Jacob M	24	Achievement
Clara	24	Achievement
Reece	10	Achievement
Arham	15	Achievement
Addison	4	Achievement
Zinat	11	Achievement
Artina	22	Achievement
Sahar	18	Achievement
Nameer	18	Achievement
Abdallah	22	Achievement



## ROOM 2 NEWS

### Exploring Renaming Numbers in Mathematics

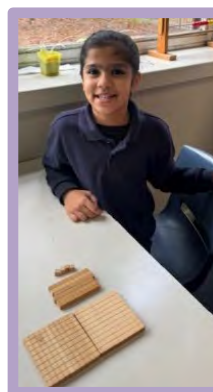
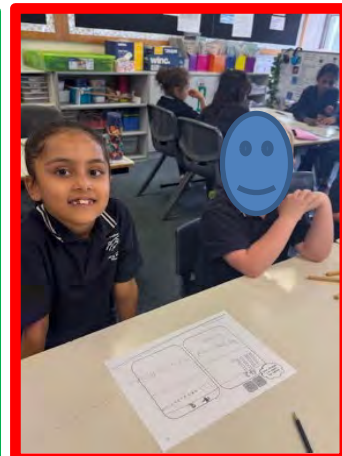
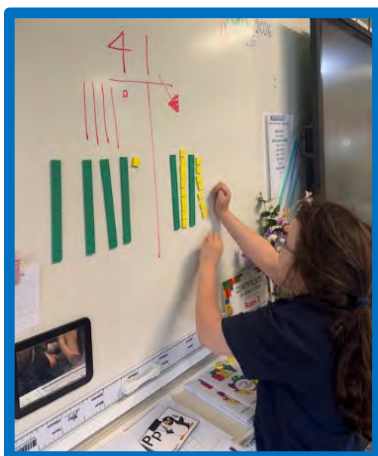
This week in Maths, Room 2 students explored the concept of “renaming” numbers to deepen their understanding of place value. Working in pairs, one student rolled two dice to create a two-digit number. They then represented this number using tens and ones (For example, 23 as 2 tens and 3 ones). Their partner’s challenge was to show the same number in a different way such as 23 as 1 ten and 13 ones.

This hands-on activity helps students see that numbers can be broken apart and rebuilt in different ways, which is important for building strong number sense and problem-solving skills.

### Where to Next?

We will continue developing these skills by working with three-digit numbers and challenging students to find multiple ways to represent the same number. For example, 154 can be shown as 1 hundred, 5 tens, and 4 ones, or as 15 tens and 4 ones, or even 154 ones. This flexible thinking about numbers sets a strong foundation for future maths learning, including addition, subtraction, and understanding larger numbers.

If you’d like to support your child at home, try asking them to show different ways to make household numbers, such as numbers on letterboxes or price tags.



## YEAR 6 AQUATICS NEWS

On Wednesday, 25 February, the Grade 6 students enjoyed an exciting Aquatics Day at West Lakes Shore and Tennyson Beach.

Students were split into groups and rotated through three different activities throughout the day: sailing, kayaking and a beach awareness session. Rotating between the activities allowed every student to experience each activity and ensured there was always something new and exciting to look forward to.

At West Lakes, students had the opportunity to try both sailing and kayaking on the lake. While some students were a little nervous at first, they quickly gained confidence once they were out on the water. With guidance from the instructors, students learnt how to steer, paddle effectively, maintain balance and work together as a team. There were plenty of splashes and smiles as students developed their skills and enjoyed the experience of moving across the water.

At Tennyson Beach, students participated in a beach awareness program using surfboards. During this session, they learnt how to read the waves, identify rip currents and understand how to stay safe when visiting the beach. Students also discussed water safety across different environments, including lakes, rivers and the ocean, and the importance of making safe decisions around water.

The day was filled with laughter, teamwork and opportunities for students to try something new. It was wonderful to see students encouraging one another and stepping outside their comfort zones.

Overall, the Aquatics Day was a fantastic experience for the Grade 6 students. Not only did they have an amazing time, but they also learnt valuable water safety skills that will help keep them safe in and around the water.



Year 6 AQUATICS NEWS CONTINUED



It was truly a memorable day for everyone involved.



# Welcome to Spartan School World



Para Hills  
West Primary

ONLINE | SCHOOL PICKUP | HOME DELIVERY

**School Uniform Orders**  
**Online Service** - Available exclusively online with a choice of shipping options.  
**Size Selection** - The school has a size rack of uniform samples available to assist with sizing.

**School Pickup (FREE)** - Sent weekly to the school & distributed to students.  
**Home Delivery (shipping fee applies)** - Sent within three business days by Australia Post.

**Please note:** Once your order is placed, the shipping method cannot be changed.

## Your school uniform range is:



Summer Dress



Short Sleeve Polo Shirt



Long Sleeve Polo Shirt



Rugby Windcheater



Bomber Jacket



Rugby Knit Shorts



Sport Skirt



Track Pants - Cuffed



Adjustable Bucket Hat



Library Folio



School Bag



Shilo small hair bow



25mm Satin Hairband



Hair Elastic with Bow (pair)



Scrunchie large 2 pack

SCAN QR FOR PRICES



[www.spartanschoolworld.com.au](http://www.spartanschoolworld.com.au)  
 \*\*Prices are subject to change. Scan QR for current prices



# Welcome to Spartan School World



Para Hills  
West Primary

ONLINE SCHOOL ACCESS  
NOW DELIVERED

#### School Uniform Orders

**Online Service** - Available exclusively online until a school is shipping online.

**Size Selection** - The school has a size pack of uniform samples available to assist with sizing.

**School Pickup (FREE)** - Items weekly to the school & distributed to students.  
**Home Delivery (shipping fee applies)** - Items arrive direct to school door by business time.

**Please note:** Once your order is placed, the shipping method cannot be changed.

## Your school uniform range is:



5cm snap clips - 8 pack



Snag free elastics - 8 Pack



Ribbon Headband - Double Bow

SCAN QR FOR PRICES



[www.spartanschoolworld.com.au](http://www.spartanschoolworld.com.au)  
\*\*Prices are subject to change. Scan QR for current prices





## Food Support for Families



Foodbank SA & NT's Food Hubs are open in multiple locations in South Australia and the Northern Territory. These Food Hubs provide low cost staple foods including free fruit and vegetables, pantry foods, meat, frozen goods, personal hygiene products and household cleaning products.

Follow the steps below to access:

**Step 1** Obtain referral. Once your school or education site has provided you with an online referral, you can access our food relief services at any of our Food Hubs in South Australia and the Northern Territory.

---

**Step 2** Bring your referral and ID to one of our Food Hub Locations during opening hours to do your shop.



**Scan here to view Food Hub locations!**

Scan to view all of our Foodbank Food Hub locations, referrers, and opening hours.



## Food Hub Locations & Opening Hours

### Metropolitan Adelaide

#### Christies Beach Food Hub

59-61 Beach Road, Christies Beach  
Monday - Friday: 9am-3pm  
Ph: 08 7002 1570

#### St Marys Food Hub

(formally Edwardstown)

1167 South Road St Marys  
Monday - Friday: 9am-3pm  
Ph: 08 8351 1136

#### Davoren Park Food Hub

130 Peachey Road, Davoren Park  
Monday - Friday: 9am-3pm  
Ph: 08 7002 1577

#### Woodville Food Hub

697 Port Road, Woodville  
Monday - Friday: 9am-3pm  
Ph: 08 7002 1571

### Regional South Australia

#### Ceduna Food Hub

2 McKenzie Street, Ceduna  
Mon & Fri: 9.30am-1.30pm  
Wed 9.30am - 4.00pm  
Ph: 08 8625 3918

#### Murray Bridge Food Hub

209 Adelaide Road, Murray Bridge  
Monday - Friday: 9.30am-3pm  
Ph: 0481 338 440

#### Mount Gambier Food Hub

23 Cave Road, Mount Gambier  
Monday - Thursday: 11am-3pm  
Ph: 08 8723 0287

#### Whyalla Food Hub

10 Jacobs Street, Whyalla Norrie  
Mon, Wed, Thurs, Fri: 9am-1pm  
Ph: 8644 2759

### Northern Territory

#### Alice Springs Food Hub

1/30 Stuart Highway, Alice Springs  
Monday - Friday: 10am-2pm  
Ph: 08 8952 7707

#### Darwin Food Hub

22 McKenzie Place, Yarrowonga  
Monday - Friday: 9am-2pm  
Ph: 08 8351 1136

#### Katherine Food Hub

15 Emungalan Road, Emungalan NT 0850  
Mon, Wed, Fri: 9am-2pm  
Ph: 08 8351 1136

# OUT OF SCHOOL HOURS CARE

## Vacation Care | 13 April–24 April

 Group of children	FULL FEE	\$70.90	CCS REDUCED FEE*	\$10.20 - \$37.40
	FULL FEE	\$91.80	CCS REDUCED FEE*	\$13.20 - \$48.40

\*Estimation of fees after subsidy is applied

### WEEK 1

Monday 13 April	Tuesday 14 April	Wednesday 15 April	Thursday 16 April	Friday 17 April
In-House <b>Crafty Creations</b>	Excursion <b>Monarto Zoo</b>	In-House <b>Disney Adventures</b>	Excursion <b>Adelaide Crows</b>	In-House <b>Little Scientists Lab</b>
Come along and enjoy a variety of colouring and craft activities, including making flowers from pipe cleaners and creating your own bracelet to take home.	Enjoy our visit to learn about different animals. Make sure to pack your recess, lunch and plenty to drink.  Depart: 8:30am Return: 3:30pm Transport: Private Bus	Dress as your favourite Disney character, play some side show games and help with some cooking and making food for a high tea in the afternoon.	Play footy games with the experts, tour the Crows training grounds and get a free membership, with 4 game passes! Depart: 12:00pm Return: 4:00pm Transport: Private Bus	Be a little scientist for the day! Experiment with making a volcano, discover magic ink, and create dazzling fireworks in a jar.
Outcomes: 1, 2, 4	Outcomes: 1, 2, 3	Outcomes: 1, 2	Outcomes: 1, 3	Outcomes: 1, 2, 3, 4

### WEEK 2

Monday 20 April	Tuesday 21 April	Wednesday 22 April	Thursday 23 April	Friday 24 April
Excursion <b>Semaphore Cinema</b>	In-House <b>Ciao Italia</b>	Excursion <b>Soccer Stars In Action</b>	Excursion <b>The Paddocks</b>	In-House <b>Remembering The ANZACs</b>
Can you guess the movie? When we get back, get creative by drawing your favourite scenes and characters from the film. Start: 9:00am Finish: 2:00pm Transport: Private Bus	Get hands-on in the kitchen making pasta, pizza, and garlic bread for lunch! Explore Italian crafts, and learn how to play Bocci with your friends.	Come along and learn some soccer skills and enter to win a prize by designing a soccer shirt. Help to make a soccer field cake.  Start: 10:00am Finish: 12:00pm	Let's be active by playing some games on the oval, climb the equipment and have some fun. Enjoy some hot chips for afternoon tea. Depart: 9:30am Return: 1:30pm Transport: Small Bus	Learn how to cook some ANZAC biscuits, make some poppies and learn about ANZAC Day. Get into groups and play a game of cricket outside.
Outcomes: 1, 2, 3, 4	Outcomes: 1, 2, 4	Outcomes: 1, 2, 3, 4	Outcomes: 1, 2, 3	Outcomes: 1, 2, 3, 4



Book your session via the Xplor Home App

Visit [sa.ymca.org.au/OSHC](http://sa.ymca.org.au/OSHC) for more information

Para Hills West OSHC  
21 Balkara Rd, Para Hills West, SA 5096  
Karen Hay  
0498 988 065

OSHC Support Team  
P 08 8200 2516  
E [oshc@ymcasa.org.au](mailto:oshc@ymcasa.org.au)  
f /YMCA SA OSHC



# OUT OF SCHOOL HOURS CARE

## Para Hills West OSHC

### IMPORTANT INFORMATION

#### WHAT IS INCLUDED

Breakfast and afternoon tea will be provided. Programmed activities including excursions, incursions and in-house activities.

#### WHAT TO BRING

YMCA OSHC promotes a healthy eating environment and encourages families to provide their children with a healthy assortment of food to bring for recess, and lunch. As well as healthy brain food and a water bottle every day.

#### FEES AND CANCELLATIONS

All bookings must be received by Monday 30 March to avoid a \$3 casual fee. Cancellations must be made two weeks prior to the date of the requested care to avoid payment. By making a booking you are agreeing to pay the fees through your direct debit account in addition to normal OSHC bookings. Please review our terms and conditions online for our fee and policy information.

#### EXCURSIONS

Please make sure you arrive at the service at least 30 minutes before the bus departure. Please make sure you sign the Excursion Authorisation when you sign your children into OSHC for that day. While bus drivers in SA are exempt from ensuring passengers under 16 years are restrained. YMCA will make every effort to ensure the safety of all children by using seatbelts that are supplied and be guided by our policies and transport risk assessments.

#### Learning outcomes:



#### OUTCOME 1

Children and young people have a strong sense of identity



#### OUTCOME 2

Children and young people are connected and contribute to their world



#### OUTCOME 3

Children and young people have a strong sense of wellbeing



#### OUTCOME 4

Children and young people are confident and involved learners



#### OUTCOME 5

Children and young people are effective communicators

#### SUN SMART POLICY

Sun Smart guidelines are followed so please ensure children are in appropriate clothing and no singlets or thongs. Sunscreen is provided but if your child is sensitive to sunscreen, please bring your own.

#### THINGS TO REMEMBER

Please note that we are a nut-aware service and ask that you do not bring food that contain nut products. Handheld electronics and smart watches are not permitted at the centre. We welcome feedback and suggestions at any time, please see your centre staff. Programmed activities are subject to change.

#### OPERATIONAL HOURS

OSHC will be open from 6:30am - 6:00pm, please sign in and out between these times.

#### DAILY FEES

In-house: \$70.90  
\*CCS Reduced fee: \$10.20 - \$37.40

Excursion and Incursion: \$91.80  
\*CCS Reduced fee: \$13.20 - \$48.40

\*Estimation of fees after subsidy is applied.



Book your session via the Xplor Home App  
Visit [sa.ymca.org.au/OSHC](http://sa.ymca.org.au/OSHC) for more information