



Actively Creating the Future

**Para Hills West
Primary School**

Term 1 - 2018 Canteen Price List

HEALTHY SNACKS

Snacks & Ice-creams can only be purchased over the counter. (Subject to availability)

Crushie Slushies	\$1.50 & \$2.00
JJ's	\$1.50

FRESH DAILY (RECESS ONLY) — TERMS 1 & 4 only

Jelly	Small \$1.00	Large \$2.00
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DRINKS

Water		\$1.50
Juice crush - juice box	- 250mls	\$1.50
BIG M Milk - <i>choc, strawberry</i>	- 250mls	\$2.00
Glee Sparkling Juice	- 250mls	\$2.00

ICECREAM

Quelch (99% juice)	\$1.00
Frozen Yoghurt	\$1.00
Mini Calipo	\$1.20
Paddle Pop	\$1.50
Lemonade Icy twist	\$1.00

Correct change in lunch bags will greatly assist in the preparation of orders. Substitute items will be given if not enough money is received for orders.

Canteen Manageress: - Sandra Price
Contact the school office if you have any queries
8258 2216

ABOUT OUR SCHOOL CANTEEN

The school canteen provides a service to students by supplying nutritious food at a very reasonable cost.

*The canteen operates **4 days a week and is closed on Mondays.***

Our canteen menu meets the DECD healthy eating guidelines.

Children order their lunches by placing them in a container in the classroom by 9:00am. Lunch order bags are available to purchase from the front office (10 for 30 cents). Please ensure that your child's lunch orders is clearly labelled with the child's name, room number, the lunch order and correct change.

Children can purchase direct from the canteen at recess and lunchtime.

The canteen is operated by the manageress who is assisted by volunteers to provide healthy and nutritious food for the students.

Volunteers are always needed in the canteen and any offer of help would be greatly appreciated. Please contact the school if you are able to provide support in the canteen.



MAIN MEALS — HOT		Full	Half
Cheese burger, home-made Pattie on roll with cheese & sauce		\$3.50	N/A
Hot dog plain - (sauce extra 30c / cheese extra 60c)		\$3.50	\$1.80
Meatball Sub with cheese with barbeque or tomato sauce		\$3.50	\$1.80
Chicken Sub — chicken breast on roll, salad & mayo		\$3.50	\$1.80
Chicken Schnitzel Sub on white roll, salad & mayo		\$4.00	
Parma Sub - Chicken schnitzel with bolognaise sauce and cheese, served on white roll with salad / mayo		\$5.00	
Pizza served on Turkish bread with tomato /barbeque sauce base, topped with Ham & cheese. (chicken is also available)		\$3.50	
Pizza Supreme or Vegetarian Pizza		\$4.00	
Butter Chicken & Rice served with Naan bread		\$5.00	
Spaghetti Bolognaise or Lasagne served with garlic bread		\$5.00	
Salad is available Terms 1 & 4 ONLY		Large	Small
Salad plate, seasonal salads (Ham or Tuna choice):		\$8.00	\$6.00

Mix & Match (choose 1 filling or 1/2 & 1/2) SANDWICHES or ROLLS		
FILLING	FULL	HALF
Salad	\$4.00	\$2.00
Tuna or Egg	\$2.00	\$1.00
Ham	\$3.00	\$1.50
Cheese	\$2.80	\$1.40
Vegemite	\$1.20	60c
Plain Buttered	\$1.00	50c
TOASTIES	FULL	HALF
Ham & Cheese	\$4.00	\$2.00
Baked Beans	\$2.00	\$1.00
Ham	\$3.40	\$1.70
Cheese	\$3.00	\$1.50

<i>DAILY Special's - Recess only</i>	
Pizza Bread available Tuesday to Friday	
<u>CLOSED on MONDAY</u>	
<u>TUESDAY</u>	- Pizza bread & Taco's
<u>WEDNESDAY</u>	- Wedgies - (sour cream/sweet chilli + 50c)
<u>THURSDAY</u>	- Nacho's
<u>FRIDAY</u>	- Home made sausage rolls

NEW ITEM - (250 mils) - \$2.00



EXTRAS	
Ham	70c
Cheese	60c
Lite sour cream	30c
Low fat mayo	30c
Lettuce	50c
Tomato	50c
Gherkin	30c
Tomato /bbq sauce	30c
Mayonnaise	30c
Pickles	20c